

DRIVER ASSESSMENT & REHAB SERVICE

COGNITIVE & PSYCHOLOGICAL CONDITIONS

We commonly assess clients after brain injury, stroke, and degenerative changes. We support anxiety and mental health issues affecting driving.

PHYSICAL CONDITIONS

We assess and make recommendations to help you back to driving including upper and lower limb injuries, spinal cord injuries and amputations.

REHAB & LESSONS

We can support a graded return to driving and often refer you for lessons to build up your confidence to drive safely again.

VEHICLE MODIFICATIONS

We specialise in basic and complex vehicle modifications for those who need their car modified to drive safely.

WHAT IS A DRIVING ASSESSMENT?

An OT driving assessment is an evaluation of a person's cognitive, physical and visual capacity to drive safely in all driving environments. Typically, these are requested for individuals who have experienced an injury or illness which puts them at risk of one or more of these areas being affected while driving.

At Wise OT Solutions, we specialise in providing OT driving assessments to clients with complex injuries who have return to driving goals. This looks different depending on the individual but can include a rehabilitation plan and vehicle modifications.

The goal of the assessment is to ensure the person is able to drive safely and legally with their injury or medical condition.

HOW IT WORKS:

-  **Medical Clearance**
The GP will need to complete a Fitness to Drive Medical Report to allow the assessment to take place.
-  **Off-Road Assessment**
Completed by a Driver Trained Occupational Therapist, this will include a discussion about your driving history, a physical screening, vision test & cognitive screening.
-  **On-Road Assessment**
The Occupational Therapist and Driving Instructor conduct the assessment in a dual controlled vehicle. We will consider the impact of your disability on your ability to drive.
-  **Feedback & Report**
The outcome of the assessment will be discussed with you and lessons may be recommended. A report will be sent to Transport for NSW and your GP.

GET IN TOUCH:

WHAT DO I NEED TO BRING TO MY ASSESSMENT?



An active Driver's Licence - You cannot complete the assessment with a suspended or cancelled licence.



A completed Transport for NSW Fitness to Drive Medical Form outlining your medical condition, confirming that you are medically fit to complete an Occupational Therapy Driving Assessment and an up to date medications list.



Glasses - for reading or long distance, or sunglasses if you need them.

WHAT ARE THE POTENTIAL OUTCOMES OF MY ASSESSMENT?

Based on the assessment, a recommendation regarding your driving ability will be made to Transport for NSW. The recommendations could include:

- Maintaining your current Class C Driver's Licence - with or without lessons.
- Downgrade your licence to a Class C Learner's licence whilst you complete driver rehabilitation.
- Vehicle modifications to allow safe and legal driving, with lessons on how to use the modifications.
- Recommendation for medical cancellation of your Driver's Licence.

Brittney brings many years of experience as an occupational therapist, specialising in both inpatient and community-based neurological rehabilitation.

She has dedicated her career to supporting individuals recovering from brain and spinal cord injuries, helping them regain function, independence, and confidence in their daily lives.

As a qualified OT driver assessor for the past five years, Brittney has played a pivotal role in assessing and facilitating safe driving solutions for clients with complex needs. She has also worked as a senior therapist with icare clients, not only providing high-level OT intervention, but driving services too.

Brittney has launched the Driver Rehab service at Wise OT Solutions, bringing her extensive expertise to help clients navigate their return to driving. Her skillset includes extensive experience in basic and complex vehicle modifications.

